



February 21-23

2014

Friday-Sunday

BURLINGTON  
KRAV  MAGA  
Fitness & Self Defense



BKRAV.COM

# Grand Opening!!

BURLINGTON  
KRAV  MAGA  
Fitness & Self Defense



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Just a few of the events scheduled:

Intro to Kickboxing Heavy Bag

Intro to Krav Maga

Women's Seminar

Defend the Defenseless

Junkyard Fitness

Krav Maga Street Wise

Dodgeball Tournament

...and so much more!!!



All events are FREE!

Reserve your spot!

Burlington Krav Maga

1147-A Saint Marks Church Rd

Burlington, NC 27215

[www.bkrav.com](http://www.bkrav.com)

336-270-3005